

Our next R&R meetup will be Wednesday January 14, and to help with resolutions for the (secular) new year the topic will be Decluttering!

REINVENTING

R e t i r e m e n t

Start the new year with clarity and connection! Join us at Palmer's on January 14 for our next meetup, where we'll dive into the ever-relevant (and timely!) topic of decluttering. In the spirit of resolution season 😊, decluttering expert Tisa Johnson of Senior Transitioning Services of Central Iowa will guide an engaging, practical conversation on letting go, getting organized, and creating space for what matters most.

A CONVERSATION ABOUT REDEFINING WHAT COMES NEXT

Welcome to the Reinventing Retirement Meetup, a dynamic discussion every other month for those ready to explore what's next — personally, professionally, and purposefully. We will gather for thoughtful, lively conversations or programs; learn from speakers who are trailblazing new paths after midlife; and occasionally discuss a book chapter, article, or video. Together, we challenge outdated ideas of aging and retirement, and instead embrace reinvention, freedom, and meaning in this powerful new phase of life.

DETAILS:

- **Every other month** (dates to be announced in advance in the Jewish Federation, Temple B'nai Jeshurun, and Tifereth Israel newsletters)

- **11:30 AM - 1 PM, meeting room in the back at Palmer's, 2843 Ingersoll Ave, Des Moines, IA 50312**

Whether you're transitioning from a career, launching something new, or simply seeking fresh direction, this group is a space to explore bold possibilities and rewrite the narrative of midlife and beyond.

A JEWISH FAMILY SERVICES COMMUNITY COLLABORATION

For more information, contact Judy Deutch jmdeu@yahoo.com,

Wendy Adato wendy.adato@yahoo.com,

or Karen Michaeli karen@jewishdesmoines.org



Temple e-mails are sent out weekly on Thursdays. If you are not currently receiving our emails, please let us know! Send an email to Shaynna at programming@tbjdsd.org to be added to our distribution list.

Temple B'nai Jeshurun Schedule

Saturday, December 27

- 9:30 a.m. Traditional Torah Study (*in person and via Zoom*)
- 10:30 a.m. Shabbat Morning Service (*in person and streaming*)

Wednesday & Thursday, December 31 & January 1

Temple Office Closed

Friday, January 2

- 6:00 p.m. Family Shabbat Service (*in person and streaming*)
- 7:00 p.m. Shabbat Dinner

Saturday, January 3

- 9:30 a.m. Traditional Torah Study (*in person and via Zoom*)
- 10:30 a.m. Shabbat Morning Service (*in person and streaming*)

Tuesday, January 6

- 5:30 p.m. Worship Committee

Wednesday, January 7

- 7:00 p.m. Adult Ed - Foundations & Fundamentals for Jewish Life & Living (*in person*)

Temple B'nai Jeshurun Staff

- ♦ Neal Schuster, Rabbi (nealschuster@gmail.com)
- ♦ Shaynna Grund, Director of Programming and Communications (programming@tbjdsd.org)
- ♦ Erin Plank, Director of Administration (office@tbjdsd.org)
- ♦ Charles Stanton, Director of Facilities and Maintenance (facilities@tbjdsd.org)

Temple Website: <https://tbjdsd.org>

SHABBAT MUSIC TEAM

Ira Lacher — vocals
Sam Miller — guitar
Chuck Kuba — Bass

Mi Shebeirach

Mi Shebeirach avoteinu Avraham, Yitzchak,	
v'Yaakov,	power of Your love.
Mi Shebeirach imoteinu Sarah, Rivkah,	Bless us with the vision for tomorrow, help
Leah, v'Racheil,	us to reach out to those in pain.
May the One who blessed our mothers,	May the warmth of friendship ease our
may the One who blessed our fathers,	sorrow.
Hear our prayer (hear our prayer)...	Give us courage, give us faith, show us the
And bless us as well.	way.
	Mi Shebeirach avoteinu, mi shebeirach
Bless us with the power of Your healing,	imoteinu,
bless us with the power of Your hope.	Hear our prayer (hear our prayer)...
May our hearts be filled with	And bless us as well.
understanding and strengthened by the	

Yahrzeit Observances This Week

Janet Gellman Bailin	James B. Oppenheimer
Ruth Barkley	Aubrey Perrin
Florence Zaiman Binder	Elaine Robinson
Steven N. Blank	Max Rosenberg
Ruth Brenner	Myron Rosenberg
Meyer Brody	Philip Rubin
Colleen Cohen	Arlene Scheir
Mandel Feingold	Benjamin Shedle
James Fink	Jason Boyd Smith
Mark Finkelstein	Lillian Smith
Esther Frank	Sidney Smuleson
Minnie G. Gordon	Rose Goldenson Stein
Besse Gottstein	Theresa Taylor
Janet Grossman	William Toran
Stanley Hiersteiner	Yetta Toubes
Heyman B. Kahn	Susan M. Wayne
Paula Katzmann	Stefany Weinberger
Ann Kneeter	Paula Weiss
Jeffrey Morey Krum	Rose Wieder
Jacob H. Ladin	Margit Wilson
Estelle W. Mandelbaum	Ronnie Wolf

☆☆ Alex Komm

☆☆☆ Bruce Sherman (Husband of Barb Sherman)

zichronam liv'racha— זכרונם לברכה
May Their Memories Always Be For A Blessing

Temple B'nai Jeshurun
 5101 Grand Avenue
 Des Moines, Iowa 50312
 (515) 274-4679

Temple Office Hours:
 Mon—Thurs, 9:00 a.m. to 5:00 p.m.
 Friday, 9:00 a.m. to 4:00 p.m.



Temple B'nai Jeshurun

Shabbat Shalom — שבת שלום
Tonight - Erev Shabbat Services

VAYIGASH ~ Genesis 44:18 - 47:27
7 Tevet, 5786

Shabbat Evening Services
Friday, December 26, 2025
6:00 p.m.

Shabbat Morning Services
Saturday, December 27, 2025
10:30 a.m.



**וְעַלֶּךָ סֵנִי לְחַבְרֶךָ לֹא תַעֲבִיד
 זֹה הִיא כָּל הַתּוֹרָה כּוּלָּהּ
 וְאִידֶךָ פִּירוּשָׁהּ הוּא - זֵיל גִּמּוֹר**

What is hateful to you, do not do unto others.
 That is the entirety of Torah.
 All the rest is commentary - go and learn.

**A warm welcome to all who are
 worshipping with us this Shabbat**

"For My House shall be called A house of prayer for all peoples."

Rabbi — Neal Schuster

President — Rachele Braverman Hjelmaas