Our first "R&R meetup" will be on Wednesday, November 12. See you at Palmer's!



A CONVERSATION ABOUT REDEFINING WHAT COMES NEXT

Welcome to the Reinventing Retirement Meetup, a dynamic discussion every other month for those ready to explore what's next — personally, professionally, and purposefully. We will gather for thoughtful, lively conversations or programs; learn from speakers who are trailblazing new paths after midlife; and occasionally discuss a book chapter, article, or video. Together, we challenge outdated ideas of aging and retirement, and instead embrace reinvention, freedom, and meaning in this powerful new phase of life.

DETAILS:

- Every other month (dates to be announced in advance in the Jewish Federation, Temple B'nai Jeshurun, and Tifereth Israel newsletters)
- -11:30 AM 1 PM, meeting room in the back at Palmer's, 2843 Ingersoll Ave, Des Moines, IA 50312

Whether you're transitioning from a career, launching something new, or simply seeking fresh direction, this group is a space to explore bold possibilities and rewrite the narrative of midlife and beyond.

A JEWISH FAMILY SERVICES COMMUNITY COLLABORATION

For more information, contact Judy Deutch jmdeu@yahoo.com,
Wendy Adato wendy.adato@yahoo.com,
or Karen Michaeli karen@jewishdesmoines.org





Temple B'nai Jeshurun Schedule

Saturday, October 25

- 9:30 a.m. Torah Study (in person and via Zoom)
- 10:30 a.m. Shabbat Morning Service (in person and streaming)

Thursday, October 30

• 10:00 a.m. Sisterhood Schmooze & Crafts (in person)

Friday, October 31

• 6:00 p.m. Erev Shabbat Service (in person and streaming)

Saturday, November 1

- 9:30 a.m. Torah Study (in person and via Zoom)
- 10:30 a.m. Shabbat Morning Service (in person and streaming)

Tuesday, November 4

- 5:30 p.m. Worship Committee
- 6:30 p.m. Sisterhood Meeting via Zoom

Thursday, November 6

• 10:00 a.m. Sisterhood Schmooze & Crafts (in person)

Friday, November 7

- 6:00 p.m. Family Shabbat Service (in person and streaming)
- 7:00 p.m. Shabbat Dinner

Saturday, November 8

- 9:00 a.m. Torah Study (in person and via Zoom)
- 10:00 a.m. Shabbat Morning Service
- Bar Mitzvah: Will Follett (in person and streaming)

Temple B'nai Jeshurun Staff

- ◆ Neal Schuster, Rabbi (nealschuster@gmail.com)
- Shaynna Grund, Director of Programming and
 - Communications (programming@tbjdsm.org)
- ◆ Erin Plank, Director of Administration (office@tbjdsm.org)
- ♦ Charles Stanton, Director of Facilities and Maintenance

(facilities@tbjdsm.org)

Temple Website: https://tbjdsm.org

SHABBAT MUSIC TEAM

Ira Lacher — vocals
Sam Miller—guitar
Chuck Kuba—Bass

Yahrzeit Observances This Week

Millie Blindman LaVonne Klein Ida Bucksbaum Lorry Kohn Lillie M. Cohen Ruth London Don Mandel Sam "Shim" Cohen Israel Jacob Corn Rick Mandel Marlene Daniels Holly Moore Israel Dubansky Louis J. Noun Belle G. Frankel Marcia Paset

Anna Goldman Helen Lutz Robinson
Joseph Greller Bernhardt Rosenberg

David Gross Rose Spilka

Dorothea Hendricks Rita Sander Weinberg

Mel Klearman

★ Lisa Copple (Wife of Kenton Copple, Mother of Kade
 & Carson Copple)

zichronam liv'racha— זכרונם לברכה May Their Memories Always Be For A Blessing

Temple B'nai Jeshurun 5101 Grand Avenue

Des Moines, Iowa 50312 (515) 274-4679

Temple Office Hours:

Mon—Thurs, 9:00 a.m. to 5:00 p.m. Friday, 9:00 a.m. to 4:00 p.m.



Temple B'nai Jeshurun

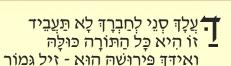
Shabbat Shalom — שבת שלום Tonight - Erev Shabbat Services

> NOACH ~ Genesis 6:9 - 11:32 3 Heshvan, 5786

Shabbat Evening Services Friday, October 24, 2025 6:00 p.m.

Shabbat Morning Services Saturday, October 25, 2025 10:30 a.m.





What is hateful to you, do not do unto others. That is the entirety of Torah. All the rest is commentary - go and learn.

Hillel the Elder



A warm welcome to all who are worshiping with us this Shabbat

"For My House shall be called A house of prayer for all peoples."

Rabbi — Neal Schuster

President — Rachele Braverman Hjelmaas